

FACTOR4: The Ultimate Breakthrough in Healthy Living

Power Amino Acids® comprise a proprietary blend of essential, positive-charged, and satiety amino acids, which enable the following bonuses:

- **Healthy Lifestyles** with increased satiety & less dependency on sugar, caffeine and alcohol
- **Weight Control** with lower body weight & improved body definition
- **Metabolic Health** with lower levels of blood cholesterol, triglycerides, sugar and less metabolic disease
- **Anti-Aging Health** with increased longevity and quality of life

Turn Back the Hands of Time with Better Health, a Younger Physique and the "New You"

Novalife, Inc

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Phone: **844-FACTOR4**

or email: support@factor4health.com

Order at: Factor4health.com

Lower Your Health Risks as You Age

Lower your Risk Factors for the following diet- and age-related medical conditions:

- Overweight disorders & Obesity
- Type 2 Diabetes
- Lipid Disorders
- Cardiovascular Disease
- Aging
- Hormone Support
- Sleep deprivation
- Depression
- Cognition, Memory and Focus
- Chronic Stress
- Anxiety and Mood Disorders
- Autoimmune Disorders

Learn more about how to lower your medical risks in each of these medical conditions by reviewing Dr. Scheele's Medical Articles on our blog at blog.factor4health.com

***Disclaimer:** This product is not meant to diagnose, treat, cure, or prevent any disease by the use of pharmaceutical drugs. As a dietary supplement, with all natural ingredients, considered to be Generally Regarded As Safe™ (GRAS), Factor4 is intended only to improve health and wellness in the organs and tissues throughout the body. Individual results may vary depending on personal goals and use.*

Quick Start Guide



Factor4 Weight Control®

Factor4 Works:

Factor4 Weight Control®, formulated with Power Amino Acids®, a breakthrough in weight loss, metabolic health and aging, was created by Dr. George Scheele to reduce worldwide obesity. Using proprietary technologies, Factor4 exploits the body's natural feedback mechanisms which:

- **Tame appetite** to avoid hunger and food cravings
- **Burn fat** to lose excess body weight
- **Build muscle** to improve body definition
- **Boost Energy** to tackle life

Look Younger, Feel better & Live Longer with Factor4 Weight Control®

How Much Factor4 to Use:

The chart below shows how much Factor4 you should take each day depending on your starting body weight and gender. Factor4 improves healthy lifestyles with two meal replacements a day and snack control at night. When taken as directed, Factor4 normalizes body weight, improves metabolic health, balances blood chemistries, and promotes healthy aging with more energy during the day and better sleep at night.

Gender	Starting Weight (lbs)	Shake/ Smoothie Size	F4 Scoops per Shake	Times per Day
Women	125 to 150	8 oz	2	2-3
Women	150 to 200	12 oz	3	3-4
Women	200 to 300	16 oz	4	3-4
Men	160 to 200	8-12 oz	2-3	2-3
Men	200 to 300	16 oz	4	3-4
Men	300 to 400	20 oz	5	3-4

Plus...Factor4 improves the health of skin, hair and nails; relieves stress, anxiety and depression; supports hormone levels in men and women; and increases cognition, memory and focus.

**The #1 Priority in Life is
Good Health**

On-Line Resources:

Our blog.factor4health.com has been designed to help you optimize your weight loss response to Factor4 Weight Control® Please review the following:

- **Recipes for Factor4 Shakes and Smoothies** will help you minimize caloric intake without suffering from cravings and hunger.
- **Weight Loss Guide** will give you essential tips and resources to help you meet your goals.
- **Monitoring Success** will allow you to correct your weight loss efforts to avoid weight loss plateaus.
- **Dr. Scheele Articles**

Managing Expectations:

With Factor4 you will begin to lose body fat from day 1. You may expect to start losing weight with Factor4 during the first week or two. Should you see an initial modest weight gain you should not be concerned as this simply means that your muscle tissue needs to be restored to normal health before the scale weight begins to decline. Once the priming period passes you will be able to lose as much body weight as you desire.

Affordable Weight Loss:

- A Factor4 shake costs less than a cup of coffee and one-third the cost of Starbuck's coffee.
- For every dollar you spend on Factor4 you will save 2 to 3 dollars in vitamin, mineral and food costs.
- Factor4 is 10-times more efficient in providing essential amino acids to the body than protein powders.

Free Consultation:



Dr. Scheele and the professional staff are available for FREE consultations when you need help with questions about your weight loss experience. To schedule a consultation please send an e-mail to support@factor4health.com for assistance.

Earn \$5 Credits:



Share your success with your friends and colleagues and earn 5 dollar credits on new customers who purchase Factor4. Log into your Account at Factor4health.com to learn how you can spread the good word on Factor4 Health and receive significant financial credits on your future purchases of Factor4.